

Start Small!

As I was thinking about writing this article my mind could not stay focused because I kept thinking about what a disaster my makeup drawer has become! All of a sudden I thought "Why don't I organize this drawer and make the process the subject of my article?" And this is exactly what I did!

You don't have to think 'global' when you think about getting your life organized. That thinking is definitely too overwhelming. Just think about one small area of your life that has been bugging you and start there.

The first thing I did to organize my makeup drawer was to take everything out - I mean everything. This means that the area gets worse before it gets better so you must trust the process!

Then start using the S.T.A.R.T.™ Method that I teach in my book and workshops:

- **Sort**
- **Throw**
- **Appoint a Home**
- **Restrict to a Container**
- **Take Back Control**

I started the **Sort** step as I took things out of the drawer. I put all hair items together on the counter, all makeup items together, and all tools together. After everything was on the counter I went through each pile and **Threw** out what I no longer needed, liked, or used. As I was sorting and throwing I asked myself questions like - If I really liked the shade of lipstick, do I really need to keep foundation that is 95% empty, and do I need 8 lipstick pencil sharpeners?

After sorting through everything and throwing I knew that everything left on the counter belonged in this drawer. This step completed the **Appoint a Home** step.

I then put drawer divider bins in to the drawer to implement the **Restrict to a Container** process.

When all was said and done I **Took Back Control** of this drawer. All in all the entire process took about 15 minutes but I bet I stressed about it for at least a month!

START™ Small! Now it's your turn! What area of your life can you go take care of right now? START!

Elizabeth Hagen is a dynamic and inspiring speaker, author, and consultant who has motivated thousands to take action and get organized. She is President of ElizabethHagen.com and works with overwhelmed people to help them get more focused, more organized, more confident and more productive. Her book [*Organize with Confidence!*](#) will change your life and her [*Speak Now and Forever Get New Clients Home Study Program*](#) will change your business! Subscribe to Elizabeth's free ezine "Extraordinary Results" at www.elizabethhagen.com and receive the 31 *Tips to Simplify Your Life* as her gift to you.