

Personal Note

I absolutely love getting away from the cold here in South Dakota during the winter and going someplace warm! I recently spent 4 days in Tucson in January with my Mastermind Group and really enjoyed the warm sun and not wearing a heavy coat! It was a great weekend of friendship, sharing, and clarification of where I want to take my business this year.

When I got home I had the pleasure of speaking to my dad's Lions group in Orange City, IA. All of my life I've heard my dad talking about this group and now I finally got to meet these great guys! My dad has only heard me speak once so it was fun seeing him in the audience! That evening I spoke at the Orange City Hospital to 75 fantastic women who braved the cold to get organized!

On Friday, January 18 I presented the first-of-its-kind Virtual Day. Over 30 people spent the day with me 'virtually' in their office getting their space and time organized. We all had a blast! I had guests from all over the US and Canada, Switzerland, and the United Kingdom. We covered 6 areas in the office and I gave them the systems and methodology to become more productive in their office. The next Virtual day is Friday, April 25, 2008 so save that date today!

The next day I hosted 3 fabulous women in my home for their own personal Fearless Organizing Systems Intensive Workshop. They got to see first hand the systems I use to enjoy an organized home and office. They also received everything I know about using these systems to get more done and grow their business this year. It was a great day!

Elizabeth

Feature Article

Fearless Organizing™ - Give Yourself the Gift of Doing One Thing at a Time!

Would you like to really, I mean really, have this be the year you are more productive and feel less stressed?

It's easier than you think. I feel that somewhere along the way we got the misconception that we're not worthy unless we are doing a bunch of things at once and feeling stressed out and overwhelmed. It tires me just to read that sentence.

The main reason I can get so much done during the day is that I first prioritize my work by what is

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the most important use of my time to what is the least. And then I start at the top of the list and focus on one thing at a time.

If you're feeling brave, I want you to take two hours one day this week and try this exercise. For two hours simply work on one thing at a time. That means if you're going to answer your e-mail you don't answer the phone, you don't allow interruptions, and you don't go interrupt someone else yourself. Or if you pick a project to work on you don't even think of looking at your e-mail. I know that you will be absolutely amazed at how much you'll get done. If you take this challenge I'd love to hear all about it!

I can just hear some of you now clamoring that there is no way in your work you can not answer the phone for two hours. Perhaps, perhaps not. What's the worst that would happen?!

One of the main ways to change things in your life is to change behavior. If you're constantly saying that there aren't enough hours in the day and you feel stressed all the time, what actions are you taking to change this? It's really up to you.



Elizabeth Hagen is a dynamic and inspiring female motivational speaker, the author of *Organize with Confidence* and offers business coaching services to motivate women to stand out and accelerate their success. You can become more focused and have more momentum, more confidence, and more success. Elizabeth's book "Organize with Confidence!" will change your life and her "Speak Now and Forever Get New Clients Home Study Program" will change your business! Visit www.ElizabethHagen.com and receive her eBook "10 Fearless Lessons Every Woman Must Know" as her gift to you.