

Personal Note

Well, we're starting February already! It has been incredibly cold here in South Dakota so I'm always glad when January gets over since it means one month closer to spring.

How are you doing on your goals that I hope you set in January? Be sure and look at them daily and do one thing each day toward one goal. You'll be amazed at your progress. I had set 29 goals on January 10 and 3 of them I've achieved already! It's amazing that when you write your goals down, look at them regularly, and take action really cool things happen.

It's not too late to set your goals. Take 30 minutes and start writing down what you really want. Don't worry about the how - that will come later. You'll be glad you did!

Feature Article

It's Your Time for Incredible Impact with Others

My theme in 2009 for my business is Incredible Impact. My goal is to reach as many women as possible with the message that 'right now' is their time.

I've just developed an inspirational keynote called It's Your Time: 7 Action Steps to be Fearless, Successful, and Extraordinary! and I can't wait to present it all over the country and make an impact in thousands of lives. I also want to make an impact with you in my newsletters. So, each newsletter this year will focus on ways in which we can impact ourselves and others.

My January newsletter talked about letting go of the past so you can make an incredible impact this year. If you haven't done the exercise in that newsletter please take the time to do it now.

I want to give you a great technique to make an impact with others. When you are with someone else are you totally focused on them? Or, are you thinking about everything else you could be doing and even answering your cell phone while you're with them? These are not actions that help relationships!

Sean at ages 3 and 23

The technique that has changed my life I call the For This Moment Technique. The first time I remember realizing this was 20 years ago when our son, Sean, who is now 23, was 3 years old. I was in our minivan doing errands with Sean and the other three children were with their grandma. About a mile from our home the minivan died - deader than a door nail. I got all stressed out

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thinking about how I was going to get the van fixed, picking up the rest of the kids, getting Sean home, etc. I finally decided just to walk home with Sean and call the fix-it person when I got home. As we started walking I was thinking about everything that wasn't getting done and my stress levels just got higher and higher. Suddenly I stopped and realized that it was a beautiful day in South Dakota and I was holding the hand of the most adorable 3-year old in the entire world! For that moment I put my focus totally on Sean, we had a great walk home, and everything got taken care of.

Focus = Doing something and thinking about it at the same time.

Right now what are you totally focused on? Is it reading this newsletter or 10 other things? When you're in conversation with someone are you totally focused on them or everyone else in the room? I want you to know that if you will start using the For This Moment Technique when you're with others you will change your relationships overnight. The other person will feel totally cared for and very special. It works! This is your time to make an impact on others.

It's Your Time Assignment

Make a decision to try the For This Moment Technique. Not only with people but with a project you are working on. Just focus on one project until completion and you'll be amazed at how your productivity increases.

Take action by turning your cell phone off when you're with others. There's a reason there is voice mail on your phone.

Stay focused on one person or one project at a time and your life will change.

Announcing the Newly Revised Organize with Confidence Book

If you're like most people you've set some organizing goals for the New Year and I want to help! I have completely revised my Organize with Confidence book and it is ready for you.

Do you?

Negatively compare yourself to other women?

Find yourself overwhelmed by all the clutter?

Look at your life and wonder "is this all there is?"

Find yourself putting things here 'just for now' because you don't know what else to do?

Wish you had a plan each day so you could feel like you got something important done by the end of the day?

In the new revised edition of my book Organize with Confidence I share proven tool to conquer

clutter, organize like a pro, and reclaim your life. I teach you the tools it took me 25 years to develop.

In the first section of the book you'll learn:

- The START™ Method to get organized
- 7 steps to stop feeling overwhelmed
- How to use the Focus Wheel to set your goals
- The 5f Plan to conquer paper pile up
- How to gain control back over your office and home
- And more!

In the second section of the book you will get all the forms/templates you need to organized your home and office and a CD with printable PDF versions of the forms so you can print them easily off of your computer.

All for only \$29.95 and I'll personally autograph it for you!

Find out more about this one-of-a-kind book. Order today so you can transform your home, your workplace, and your life NOW!



Elizabeth Hagen is a dynamic and inspiring female motivational speaker, the author of Organize with Confidence and offers business coaching services to motivate women to stand out and accelerate their success. You can become more focused and have more momentum, more confidence, and more success. Elizabeth's book "Organize with Confidence!" will change your life and her "Speak Now and Forever Get New Clients Home Study Program" will change your business! Visit www.ElizabethHagen.com and receive her eBook "10 Fearless Lessons Every Woman Must Know" as her gift to you.