

## Personal Note

If you're a mom, I hope you had a great Mother's Day! Our oldest child, Chris, now lives back in Sioux Falls and hasn't been home for a Mother's Day in 9 years so it was wonderful spending the day with him along with my husband, Bruce, and sons Sean and Micah. I missed our daughters, though, who live in Houston and Denver.

It's a joy to watch the trees budding, the lawns turning green, and feel the warmth of the sun on some of these beautiful spring days! It really is a time for renewal and new beginnings.

Do you have some areas that could use some renewal in your home or office?! Then you're going to enjoy the feature article today!

Have a great rest of the month!!

Happy spring!  
Elizabeth

## Feature Article

### **Fearless Organizing™ - You've Got To Take Everything Out!**

One of the most important things I teach about getting organized is to take everything out of the area that you want to organize. No one likes to hear this because it's a lot of work! Also, when you take everything out it is a huge mess and you'll feel tempted to put everything back and walk away. When getting organized remember - it always gets worse before it gets better! You've got to hang in there and trust me and trust the process.

I've spent part of the last two weeks with a Private Platinum Program client here in Sioux Falls, SD. We started with the office area in the kitchen, then moved on to the guest bedroom, then the laundry room, and next we're working in her sewing/craft room. In every area that we worked we took everything out first and it has gotten pretty messy while we worked. But I want to commend her because she hung in there with me every step of the way - even when it felt pretty overwhelming!

The reason we take everything out is:

*(Continued on page 2)*

1. We've got to see everything—and I mean everything!
2. We can start sorting and making the decisions of what to get rid of, what to keep, and where it should be kept.
3. We can then easily categorize what will be kept.

**I want you to notice something in all of the 'after' pictures.** Do you see the open spaces? When you take everything out, really go through it all, and make ruthless decisions about your stuff, you will have empty space. When most of my clients see the empty shelf they ask me "What shall I put there?" I say 'nothing'! Absolutely nothing. It's ok to have empty space in your home and office.

Think about this in your life. Are you overwhelmed with all there is to do not only at work but at home? Is your life so full you can't think?

Maybe it's time to 'take everything out'. Take some quiet time and write down all that you and your family are involved in. Now look at your list - what can you let go? I guarantee that if you do this exercise and make some empty space in your life you will enjoy the people and things you do a lot more!!

**Fearless Organizing Assignment:**

1. Pick an area to organize.
2. Make an appointment in your calendar for your organizing session.
3. Get all the supplies you need.
4. On the date you set **take everything out** of the area, really go through everything, and get it organized!
5. Take the time to write down everything that you and your family are involved in. What can you do to make empty space in your life?



**Elizabeth Hagen** is a dynamic and inspiring female motivational speaker, the author of *Organize with Confidence* and offers business coaching services to motivate women to stand out and accelerate their success. You can become more focused and have more momentum, more confidence, and more success. Elizabeth's book "Organize with Confidence!" will change your life and her "Speak Now and Forever Get New Clients Home Study Program" will change your business! Visit [www.ElizabethHagen.com](http://www.ElizabethHagen.com) and receive her eBook "10 Fearless Lessons Every Woman Must Know" as her gift to you.