Extraordinary Results Mid-September 2008 Newsletter

Personal Note

I had the best time in La Jolla, CA over Labor Day weekend! This is the third year in a row I've spent the weekend there with a group of other speakers. We have a great time learning together, having fun, and enjoying the great food!

I hope you're planning 'fun' in your life! If you're not read my article in the July mid-month newsletter and start planning!

Enjoy September! Elizabeth

Feature Article Fearless Organizing™ - It's Time to Clear Out the Clutter

Fall is a great time of year to think about clearing up space in your life (physical and mental).

Some ideas:

- Clean out your e-mail inbox
- Go through your clothes closet and clear out the summer and get ready for fall. Don't put
 anything back in your closet that you don't love and doesn't fit. Yes, doesn't fit. You can bin up
 those clothes for later if you like, but they don't belong in your closet. Give clothes away you'll
 feel great and someone else will really thank you.
- The makeup drawer. Trust me you probably only use 10% of all that's there.
- Pick a spot in your home where you can curl up and read a good book. Get rid of anything in the spot that causes stress and have this be your 'place'.
- The glasses cupboard in your kitchen. How many do you really use?
- Hall closet. Give away the coats you don't use any more and bring to the cleaners the ones you like.
- Craft area. Do you really have time to finish those uncompleted projects?
- Shoes? Enough said!
- The 10 year-old boxes in your storage room.
- Old movies.
- The bottom drawer in your file cabinet. I bet you can throw/shred most of what is in there!

Here is a simple truth: Everything, everything, we have in our life either moves us toward our goals

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or further away. Look around. Is it time to start clearing out the clutter (the past) and start moving toward your future?

Fearless Organizing Assignment:

- 1. Make a list of 5 areas in your home that you need to clean out.
- 2. Pick one.
- 3. Start tomorrow!



Elizabeth Hagen is a dynamic and inspiring female motivational speaker, the author of Organize with Confidence and offers business coaching services to motivate women to stand out and accelerate their success. You can become more focused and have more momentum, more confidence, and more success. Elizabeth's book "Organize with Confidence!" will change your life and her "Speak Now and Forever Get New Clients Home Study Program" will change your business! Visit www.ElizabethHagen.com and receive her eBook "10 Fearless Lessons Every Woman Must Know" as her gift to you.